

DIY HEALTHY DOG TREATS

Dogs love treats ... and these DIY healthy treats will take their tail-wagging excitement to a whole new level.

Recipe



Super Simple Goat's Milk & Blueberry Treats

INGREDIENTS :

2 cups Answers Goat's Milk
1 cup blueberries (or
chopped bananas, apples,
carrots, etc.)

DIRECTIONS :

Fill ice cube trays 1/2 to 2/3 full with goat's milk. Add a few blueberries in each cube.
Place in freezer until frozen.
Remove from freezer and serve!

Recipe



Nutritious & Delicious Honest Kitchen Pupsicles

INGREDIENTS :

2 cups Answers Goat's Milk or
3 cups Cow's Milk Kefir
1 cup Honest Kitchen
Dehydrated food - any flavor
Your dog's favorite biscuits for
popsicle sticks (optional)

DIRECTIONS :

Mix Goat's Milk or Cow's Milk Kefir with Honest Kitchen, and let sit for 3-5 minutes. Fill ice cube trays 1/2-3/4 full and place a biscuit in each so that the end sticks out.
Place in freezer until frozen.
Pull one out for your dog to enjoy on hot days!

Recipe



Scrumptious Northwest Naturals Pupsicles

INGREDIENTS :

2 1/2 cups Answers Goat's
Milk or 4 cups Cow's Milk Kefir
1 cup Northwest Naturals
Freeze Dried treats or food
Dog biscuits for popsicle sticks
Optional healthy add-ins:
blueberries, chopped apple or
banana, or peanut butter!

DIRECTIONS :

Gently crumble Northwest Naturals into Goat's Milk or Cow's Milk Kefir. Stir and let sit for 5 minutes. Fill ice cube trays 1/2 - 3/4 full and place a biscuit in each.
Place in freezer until frozen.
Feed these healthy, cool treats all summer long!



DOGS LOVE TREATS

Recipe

Peanut Butter Lovers Frozen Treats

INGREDIENTS :

- 1 cup Primal Bone Broth
- 1 cup Green Coast Pawnut Peanut Butter
- 2 Tbs Green JuJu or fresh parsley

DIRECTIONS :

In a bowl, combine peanut butter and Green JuJu. Set aside. Pour bone broth into an ice cube tray, filling half way. Place the tray in the freezer until set—about an hour. Then, spoon peanut butter mixture into the tray to fill. Place in the freezer and freeze until the treats are hard—about 4 hours.



Recipe

No Bake Peanut Butter Treats

INGREDIENTS :

- 1 cup Fruitables Pumpkin & Ginger SuperBlend (or pumpkin puree)
- 1/4 cup Green Coast Pawnut Peanut Butter
- 1/4 cup Primal bone broth
- 3 cups old fashioned oats, divided

DIRECTIONS :

In a small bowl, beat pumpkin puree, peanut butter and bone broth till well combined. Gradually add 2 1/2 cups of old fashioned oats until incorporated. Using a small scoop, roll the mixture into 1–1 1/2 inch balls and then roll them in the remaining 1/2 cup of oats pressing to coat. Cover and place in the fridge or freezer until firm. Can be kept in the refrigerator for up to a week. *Note: Do NOT use pumpkin pie filling—only use puree, as pie filling is loaded with sugar and other additives.*



GOOD TO KNOW

Superfood ingredients are included in every recipe to boost your pet's health!

Goat's milk is good for your pet's digestive and immune system and is full of naturally occurring vitamins, minerals, probiotics and enzymes

Bone broth is a healthy addition to any pet's diet and is an ideal source of collagen

Green JuJu is a locally made whole foods source of vitamins, minerals, enzymes and antioxidants. It provides digestive support and supports joint health.



www.PetPros.net